

Mental Health Advocate and Counseling Student

# DYLAN SCHOUPPE

## PERSONAL PROFILE

A mental health professional and advocate with a varied work history across in-patient and out-patient settings.

## AREAS OF EXPERTISE

- Counseling theory
- Diagnostic theory
- Measurement and assessment
- Counseling ethics
- Positive psychology
- Existential therapy
- Communication theory

## ACTIVITIES

- Inductee, Alpha Chi National College Honor Society
- Member, American Psychological Association
- Member, American Counseling Association
- Member, Society for the Advancement of Psychotherapy
- Volunteer, American Foundation for Suicide Prevention
- Veracious book reader and movie watcher

## EDUCATION

### GRAND CANYON UNIVERSITY

- Master of Science, Clinical Mental Health Counseling, 2020–24
- GPA: 4.0
  - Member, Alpha Chi National College Honor Society

### OKLAHOMA CHRISTIAN UNIVERSITY

- Bachelor of Science, Public Relations & Advertising, 2013–17
- GPA: 3.4
  - President, Public Relations Student Society of America
  - Director of Outreach, OC Modern Abolitionists

## GET IN CONTACT

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## WORK EXPERIENCE

### MILIEU THERAPIST

- Western Psychiatric Hospital, UPMC | March 2023 – Current
- Lead therapeutic support groups for patients struggling with a variety of mental health issues.
  - Conduct clinical observations and assist in direct care interventions.
  - Co-chair of the Patient Experience and Safety Council and member of the Diversity, Equity, and Inclusion and Transformational Leadership Councils.

### CLINICAL COUNSELING INTERN

- Western PA Psych Care | April 2023 – Current
- Manage a revolving caseload of clients seeking care for a variety of mental health issues.
  - Attend weekly individual and triadic supervision sessions.

### MARKETING SPECIALIST

- Tigunia | March 2021–December 2022
- Single-handedly plan and execute ongoing lead generation campaigns entirely from scratch.
  - Design engaging collateral by condensing technical jargon into marketable content.
  - Engage with a variety of stakeholders to meet team and company KPIs.

Key Accomplishments: Contributed to 100 percent YOY growth in FY2022, increased social media engagement by 600 percent over tenure, created 120 new collateral pieces over tenure.